

# Anodyne Therapy

## helps improve the quality of life



Earl Crowley had so little sensation in his feet, he felt like he was walking on two wooden legs. Suffering from peripheral neuropathy, Earl had lost all feeling from his knee to his toes. Poor blood flow to nerves effected circulation and caused a purple discoloration. His legs felt stiff and hard to move. Sometimes the pain was so bad, he felt like he was going to pass out.

Earl, with the support of his wife, Margaret, tried everything for relief.

“I’ve tried 15,000 things.” Earl said. “Nothing worked.”

Then Margaret, a retired health care professional, heard about Anodyne Therapy from a friend who worked at Great Lakes Home Health and Hospice.

Anodyne Therapy is a clinically proven program that may reduce the discomfort of peripheral neuropathy by stimulating circulation and improving sensation in nerves in the feet, legs and hands. “This worked,” Earl said.

More than 5,000 therapists, nurses and doctors agree and are recommending and using this comprehensive therapy program.

The treatment is administered three times a week by placing credit-card sized pads directly on skin wherever a nerve malfunction exists. The pads release infrared light that stimulates nerves and enables nitric oxide, a natural pain killer, to be released more easily into the body. Treatment sessions last 30 to 45 minutes, during which time patients may feel a warm, relaxing sensation while resting in a comfortable chair. The pads are then removed and the patient is required to do some light stretching and balancing exercises.

“After the Anodyne Therapy sessions, my ankles feel looser and I have better movement. My legs are less stiff and I can feel the bottoms of my feet, from my heel to my toes,” Earl said. “Before the Anodyne Therapy, even going to church was a labor. Now I go to church every day.”



Antoinette Kuhne, a physical therapist from Great Lakes Home Health and Hospice, visited Earl three times a week for six weeks to administer treatment. She noticed an improvement in Earl's condition almost from the beginning.

"He said that it felt different and there was some sensation in his feet," Antoinette explained. "After two weeks he could feel some heat sensation and had all-around sensation in his feet. Also, his color started normalizing very quickly."

While many patients will feel results quickly in this comprehensive program, others may take longer based on their degree of impairment. Trained care givers will work with a patient as long as they wish to continue treatment. Once 10 to 12 treatments are completed, results can last up to six months. However, after the first therapy session, patients can choose to have weekly treatments or buy their own Anodyne Therapy Home System. Medicare or private insurance may cover the Anodyne Therapy Home System with a doctor's prescription.

"Earl's condition continues to improve with the use of an Anodyne Therapy Home System. He purchased the system because his walking, balancing, footing and sensation got better after each treatment," Antoinette said. "I suggested continued use of Anodyne Therapy for ongoing pain relief as well as to help Earl maintain the circulation he had gained in his feet."

The Anodyne Therapy Home System continues to improve Earl's condition and lessen the effects of peripheral neuropathy.

"I used to have to use a cart for balance when I went grocery shopping. Now I can just carry the little basket and walk around."

  
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